Gastrointestinal stem cells in health and disease: from flies to humans
Hongjie Li1,2 and Heinrich Jasper1,*

ABSTRACT

The gastrointestinal tract of complex metazoans is highly compartmentalized. It is lined by a series of specialized epithelia that are regenerated by specific populations of stem cells. To maintain tissue homeostasis, the proliferative activity of stem and/or progenitor cells has to be carefully controlled and coordinated with regionally distinct programs of differentiation. Metaplasias and dysplasias, precancerous lesions that commonly occur in the human gastrointestinal tract, are often associated with the aberrant proliferation and differentiation of stem and/or progenitor cells. The increasingly sophisticated characterization of stem cells in the gastrointestinal tract of mammals and of the fruit fly Drosophila has provided important new insights into these processes and into the mechanisms that drive epithelial dysfunction. In this Review, we discuss recent advances in our understanding of the establishment, maintenance and regulation of diverse intestinal stem cell lineages in the gastrointestinal tract of Drosophila and mice. We also discuss the field’s current understanding of the pathogenesis of epithelial dysfunctions.

KEY WORDS: Intestine, Regeneration, Stem cells, Drosophila, Cancer, Metaplasia, Dysplasia

Introduction

The gastrointestinal (GI) tract of most metazoans, including that of humans, is lined by a series of highly compartmentalized epithelia that perform localized functions. These epithelia also share certain characteristics that support interactions with commensal bacteria (see Box 1 for Glossary), enhance immune responses to infections and maintain the barrier function of the intestine. These epithelia undergo regeneration in homeostatic conditions as well as in response to tissue damage. During recurring regenerative episodes, and for the lifetime of the animal, the functional diversity of newly formed intestinal cells has to be sustained – an achievement that is only beginning to be understood, via the use of animal models (Barker et al., 2010a; Buchon et al., 2013b; Li et al., 2013a; Mariane and Spradling, 2013; Strand and Michelli, 2011).

Conditions that negatively impact epithelial compartmentalization can have substantial deleterious consequences. In the human GI tract, for example, the development of epithelial metaplastic lesions (see Box 1) can place individuals at a high risk of developing epithelial dysfunctions that can predispose humans to cancer. GI tract compartmentalization and stem cell lineages

The GI tract of most metazoans is highly compartmentalized in terms of morphology and function, and regional epithelial subtypes are continuously regenerated by local stem cell populations. Both in the Drosophila and mouse GI tracts, studies are underway to characterize the identity, function and regulation of regionally specified stem cell populations and stem cell lineages. Below, we provide an overview of Drosophila and mammalian GI tract morphologies and their respective stem cell populations. The Drosophila GI tract

The Drosophila GI tract is lined by a series of pseudostratified monolayer epithelia, which are surrounded by visceral muscle cells. Morphologically, the midgut, which is the main and best characterized part of the fly GI tract, is subdivided into the anterior midgut (AM), the middle midgut (MM) and the posterior midgut (PM) by two main constrictions (Fig. 1A). The MM contains a stomach-like copper cell region, which produces gastric acid, and a large flat cell region, the function of which is not well understood.
During regenerative episodes, ISCs in the PM undergo asymmetric division to give rise to precursor cells, called enteroblasts [which have the marker profile Esg+, Su(H)GBE+, Delta(Dl+)]. Enteroblasts further differentiate into either absorptive enterocytes [ECs; Pdm1+] (also called nubbin or POU domain protein 1]) or secretory enteroblasts (Biteau and Jasper, 2014). A recent study shows that Ttk69, a BTB (broad complex, tramtrack and bric a brac)-domain-containing transcriptional repressor, also plays an important role in EE specification, presumably in parallel to Slit-Robo signaling (Wang et al., 2015a). Another study has further analyzed EE cell diversity and found that Su(H)GBE+ (Notch active) enteroblasts can give rise to class II EE cells, in addition to ECs (Beehler-Evans and Micchelli, 2015).

In the *Drosophila* copper cell region, which shares some similarity to the stomach in vertebrates, gastric stem cells (GSSCs; Esg+ and Dl+) generate three different cell types: copper cells, which secrete hydrochloric acid and are characterized by the marker profile Defective proventriculus (Dve+)/Labial(high)/Cut+; interstitial cells, defined by the profile Dve+/Labial(low)/Cut−; and Pros-expressing EEs (Strand and Micchelli, 2011) (Fig. 1A). Similar to the ISC lineage in the PM, gastroblasts (the counterpart of the enteroblast in this region) have been identified and proposed to be the precursor cell that generates these three differentiated cell types (Strand and Micchelli, 2011). Although ISCs in the AM are generally considered to be similar to ISCs in the PM, these two ISC populations have some different properties. For example, proliferation rates and expression of two genes (Pdp1 and Stat92E) are different between AM and PM ISCs (Marianes and Spradling, 2013). Using fluorescence-activated cell sorting (FACS) of ISCs from different regions of the *Drosophila* GI tract, a recent paper has systematically explored gene expression profiles of ISCs in a region-specific manner, and has characterized the roles of some transcription factors, such as GATAe (GATA is a family of transcription factors that are able to bind the DNA sequence ‘GATA’), Snail (Sna; zinc-finger transcriptional repressor) and Ptx1 (paired-type homeobox transcription factor), in global and regional ISC regulation (Dutta et al., 2015b). Future studies are needed to characterize in detail how the function of regional ISCs is regulated by these transcription factors, as well as by other potential molecular factors.

### The mammalian GI tract

In mammals, the structure of GI compartments (including the esophagus, gastric region, small intestine and colon) and the architecture of the epithelia lining these compartments are more complex than those of invertebrates (Fig. 1B). During recent years, specific markers of ISCs have been identified and new in vivo and *ex vivo* mouse models for exploring stem cell identity and function have been developed. As a result, our understanding of the regulation of epithelial homeostasis and of regeneration in the mammalian small intestine has improved substantially (Barker, 2014; Clevers, 2013b).

#### The small intestine

The lining of the small intestine is composed of a monostratified epithelium that folds into millions of tubular invaginations known as crypts (Fig. 1B), as well as into numerous finger-like protrusions called villi that project into the intestinal lumen, maximizing surface area for digestion and absorption. The crypts harbor stem cells, Paneth cells and transit amplifying (TA) cells, whereas the villi

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**Box 1. Glossary**

- **Carcinoma**: a type of cancer that develops from epithelial cells.
- **Commensal bacteria**: normal microorganisms living on the surface or within the body of their host in a symbiotic relationship in which the host is benefited or unaffected.
- **Dysplasia**: an abnormality of development or an epithelial anomaly of growth and differentiation.
- **Gastric atrophy**: a condition in which the stomach shrinks owing to loss of gastric glandular cells.
- **Gastritis**: inflammation of the lining of the stomach.
- **Lgr5-driven inducible Cre**: a technique used in mice in which Cre recombinase expression can be induced by a drug, most commonly tamoxifen, in LGR5-expressing cells and catalyzes DNA recombination atloxP sites either to delete one gene or to induce reporter gene expression for lineage tracing.
- **Metaplasia**: replacement of one differentiated cell type by another mature differentiated cell type.
- **Niche**: stem cell niche is a microenvironment that interacts with stem cells to regulate their function.
- **Organoids**: three-dimensional multicellular organs cultured *in vitro*.
- **Squamous keratinocytes**: cells found in the mucosa of the mouth and esophagus, as well as the corneal, conjunctival and genital epithelia, forming tight junctions and playing a role in immune system function.
- **Teratomas**: a tumor with tissue or organ components resembling normal derivatives of more than one germ layer.
- **Trans-differentiation**: direct conversion of one mature somatic cell to another mature somatic cell without going through an intermediate pluripotent state.
harbor three main differentiated cell types: ECs, goblet cells and EEs. Paneth cells at the base of the crypt are closely associated with stem cells, and secrete protective antimicrobial substances and the hydrolytic enzyme lysozyme, as well as niche (see Box 1) factors that are crucial for stem cell survival and function. Stem cells within the crypt self-renew and divide to generate TA cells, which in turn proliferate to generate all the functional differentiated cell types of the villi, maintaining tissue homeostasis. In contrast to Drosophila enteroblasts, which do not divide but differentiate directly into ECs or EEs, mouse TA cells undergo multiple rounds of cell division to amplify their numbers as they migrate along the crypt axis towards the base of the villus, where they differentiate into various functional cells (Table 1) (Barker et al., 2007; Bjerknes and Cheng, 1999; Hermiston and Gordon, 1995).

The existence of self-renewing and multipotent ISCs in crypts of the small intestine in mice had long been proposed, based on studies of mouse chimeras and the use of mutagen-induced somatic clones (genetically marked cells derived from a single epithelial cell) (Bjerknes and Cheng, 1999; Ponder et al., 1985). However, the recent identification of ISC-specific markers has led to a substantial...
evenly distributed between Paneth cells. The promoter, Barker et al. found that LGR5 is specifically expressed in 4 of BMI1 in the mouse intestine was first analyzed using RNA stem cells (Sangiorgi and Capecchi, 2008). The expression pattern 2007; Clevers, 2013a).

...retention assays and a combination of cell markers have suggested that a portion of human and mouse esophageal basal cells are self-renewing and are long-lived stem cells (DeWard et al., 2014;
Kalabis et al., 2008; Pan et al., 2013). However, pulse-chase experiments in mice using GFP-tagged histone H2B have shown that, although all epithelial cells are labeled after pulse labeling, no label-retaining cells remain in the esophageal epithelium after 4 weeks, indicating that the esophagus does not contain long-lived quiescent stem cells. Furthermore, fate mapping of basal cells using an inducible Cre-lox system suggests that all basal cells are functionally equivalent progenitors and that there are no long-lived cycling stem cells (Doupe et al., 2012). Additional studies are needed to clarify these conflicting findings.

The stomach

The mammalian stomach has three regions: the forestomach (in mice) or the cardiac region (in humans), the corpus and the pylorus (Fig. 1B). The corpus is the main component of the stomach. Its epithelium is composed of gastric units, crypt-like structures that project deep into the mucosa and can be subdivided into four regions based on distinct cell types. Close to the lumen are mucus cells in the pit region, under which the isthmus harbors fast-dividing stem cells. Below the isthmus is the neck region, which contains gland mucous cells, and at the base are chief cells, which secrete digestive enzymes. Acid-producing parietal cells are scattered throughout all regions. In the pylorus, the crypt-like gland unit is simpler, and in the base, the units contain a population of alkaline mucus-producing cells with few chief or parietal cells (Mills and Shivdasani, 2011).

The first stem cell population to be identified in the stomach, by morphology and labeling using thymidine analogs, maps to a highly proliferative zone of the isthmus (Bjerknes and Cheng, 2002; Lee and Leblond, 1985; Mills and Shivdasani, 2011). Isthmus stem cells can give rise to each of the differentiated cell lineages, although their regulation has not been characterized in detail. It has been proposed that newly generated daughter cells from isthmus stem cells can undergo bidirectional migration: up to the pit to form surface mucus-secreting cells, and down to the base to form zymogenic chief cells through the neck (Mills and Shivdasani, 2011). In addition, these stem cells are thought to form acid-secreting parietal cells and hormone-secreting EEs along the pit-base axis (Fig. 1B). More recently, additional gastric stem cell populations have been identified in mice using Cre-based lineage-tracing methods in different gastric regions (Fig. 1B). Genetic labeling based on Villin-promoter–Cre (Cre recombinase driven by the Villin promoter) has identified a rare stem cell population at varying positions along the gland in the pylorus, which is quiescent in normal conditions and can regenerate all cell types during injury (Qiao et al., 2007). Other studies have identified a stem cell population at the base of the gland in the pylorus using Lgr5-Cre-based lineage tracing (Barker et al., 2010b), and a stem cell population in the pylorus and corpus near or under the isthmus region of the gland using Sox2-Cre (Arnold et al., 2011). It was further shown that differentiated Troy+ [Troy is encoded by Irf15, and is potentially functions as a receptor for lymphotixin A (Hashimoto et al., 2008)] chief cells, which reside at the bottom of the gastric unit in the corpus, can act as reserve stem cells to regenerate all cell types over a longer period of time (Stange et al., 2013). Together, these studies suggest that the gastric epithelium is highly plastic, and is maintained and regenerated by multiple stem cell populations. The exact lineage relationships between these cells, and how these stem cell populations are coordinated by local niche factors to meet demands during periods of regeneration, remains unclear.

Overall, our understanding of the organization of regenerative processes and of stem cell lineage relationships in the mammalian GI tract has made substantial progress in recent years. The dynamic control of GI stem cell activity during injury, either by infection or by tissue damage, has been explored and characterized in more detail in flies, and we summarize our current understanding of the dynamic regulation of stem cell activity in the following section.

Signaling pathways that control ISC proliferation and differentiation

The activity of stem cells along the GI tract needs to be specifically and dynamically regulated to adjust tissue turnover to local and tissue-wide needs. Numerous evolutionarily conserved signaling pathways have been identified to regulate these processes, both in flies and mice. In this section, we summarize our current understanding of the role of these pathways in ISC regulation under homeostatic and regenerative conditions (Fig. 2).

ISC proliferation and differentiation in Drosophila

Signaling pathways that influence ISC proliferation and differentiation in Drosophila include Notch (Ohlstein and Spradling, 2007), JAK/Stat (Beebe et al., 2010; Jiang et al., 2009; Lin et al., 2010), Epidermal growth factor receptor (EGFR) (Biteau and Jasper, 2011; Buchon et al., 2010; Jiang and Edgar, 2009; Jiang et al., 2011), Insulin (Choi et al., 2011; O’Brien et al., 2011), Jun-N-terminal kinase (JNK) (Biteau et al., 2008), Wingless (Wg) (Lee et al., 2009; Lin et al., 2008), Target of Rapamycin (TOR) (Amcheslavsky et al., 2011; Kapuria et al., 2012; Quan et al., 2013), Decapentaplegic (Dpp; the Drosophila homolog of bone morphogenetic protein (BMP)) (Ayaz et al., 2015; Guo et al., 2013; Li et al., 2013b; Tian and Jiang, 2014) and Hippo (Karpowicz et al., 2010; Ren et al., 2010; Staley and Irvine, 2010) signaling. ISC differentiation is further controlled by Esgr-mediated repression of Pdm1 (Korzelius et al., 2014; Loza-Coll et al., 2014) (Fig. 2A). The combined action of these signaling pathways influences proliferative activity, self-renewal and differentiation in the ISC lineage in response to a wide range of local and systemic cues. For recent reviews that discuss the detail of ISC regulation by these signaling pathways, see Biteau et al., 2011; Buchon et al., 2013a; Buchon and Osman, 2015; Jiang and Edgar, 2011; Lemaitre and Miguel-Aliaga, 2013.) Recent work has also provided new insights into the integration of these diverse signals. For example, intracellular Ca^{2+} signaling is emerging as a central regulator of ISC proliferation in Drosophila in response to a wide range of mitogenic signals (Deng et al., 2015).

The diversity of ISC responses to mitogenic signals along the GI tract remains poorly understood. To date, most studies characterizing the regulation of stem cell function in the Drosophila GI tract have focused on the PM. Stem cells in the AM (AM-ISCs), PM (PM-ISCs) and gastric region (GSSCs) share certain properties: all of them are positive for the general ISC marker Esg and can rapidly respond to stress-induced damage by increasing proliferative activity (Biteau et al., 2011; Strand and Michell, 2011). PM-ISCs and GSSCs are also regulated in a similar fashion by several signaling pathways, including Wg, EGFR and Notch (Strand and Michell, 2011, 2013; Wang et al., 2014) (Fig. 2A). However, their responses to other signaling pathways are diverse. For example, lineage tracing has shown that the loss of Dpp signaling pathway components causes differentiation defects in GSSCs, but not in PM-ISCs (Li et al., 2013a). Sustained Dpp expression along the GI tract is sufficient to induce ectopic copper cell formation in the AM, but not in the PM, indicating that additional regional determinants influence stem cell responses to Dpp signaling. Similarly, the strong activation of JAK/Stat
signaling in GSSSCs leads to their mis-differentiation, generating ectopic EC-like cells in the copper cell region (Li et al., 2016), whereas, in PM-ISCs, JAK/Stat activation induces proliferation but does not alter differentiation (Jiang et al., 2009) (Fig. 2A). The recent regionally segregated comparison of ISC gene expression profiles (Dutta et al., 2015b) provides a powerful resource that could be used to identify potential factor(s) that specify regional stem cell identity and function in the *Drosophila* GI tract.

### ISC proliferation and differentiation in mammals

In the mammalian small intestine, ISC functions are maintained and regulated by factors from the stem cell niche (see Box 1), which comprises adjacent epithelial cells, pericryptal myofibroblasts, enteric neurons, endothelial cells, intraepithelial lymphocytes and the basement membrane (Walker et al., 2009). As in flies, ISC proliferation and differentiation is controlled by a multitude of signaling pathways, including Wnt, BMP, Hedgehog (Hh) and Notch (Fig. 2B) signaling (Yeung et al., 2011).

A gradient of Wnt activity forms along the crypt axis in the intestinal epithelium of both mice and humans, with the highest activity at the crypt base, decreasing toward the villus (Kosinski et al., 2007; van de Wetering et al., 2002). Wnt signaling is critically important for adult ISC proliferation (Korinek et al., 1998), and loss of Wnt signaling in adult mice, via the genetic deletion of 

$$\beta$$-catenin (Tian et al., 2015). Ectopic activation of Notch in the mouse small intestine leads to cell cycle arrest of proliferative crypt cells (van der Flier and Clevers, 2009) (Fig. 2B). The inhibition of Notch signaling in the mouse small intestine leads to complete rescue phenotypes induced by inhibitory antibodies against Notch receptors in the mouse small intestine (van Dop et al., 2009). Accordingly, inhibiting Hh signaling [Sonic hedgehog (*Shh*) and Indian hedgehog (*Ihh*)] results in defective villus formation and in a hyperproliferative epithelium (Madison et al., 2005). In the *Drosophila* hindgut (the posterior part of the GI tract after the midgut), stem cell self-renewal is maintained by Wg signaling, and Hh signaling is required for these cells to exit the cell cycle and differentiate, suggesting that the interaction between Hh and Wg is conserved across organisms (Takashima et al., 2008).

Notch signaling, in turn, seems to have acquired a different function in the mammalian ISC lineage, maintaining the proliferative state of stem and progenitor cells rather than promoting differentiation as it does in flies (van der Flier and Clevers, 2009) (Fig. 2B). The inhibition of Notch signaling in the mouse small intestine leads to cell cycle arrest of proliferative crypt cells and to the rapid conversion of all epithelial cells into secretory goblet cells (Milano et al., 2004; van Es et al., 2005b; Wong et al., 2004). A recent study has shown that blocking Notch signaling using antibodies against Notch receptors in the mouse small intestine leads to the conversion of LGR5+ ISC into secretory cells. This perturbation is mediated by de-repression of the Wnt signaling pathway, demonstrated by the findings that Notch inhibition leads to activation of Wnt signaling and attenuation of the Wnt pathway rescues phenotypes induced by inhibitory antibodies against Notch (Tian et al., 2015). Ectopic activation of Notch in the mouse small intestine (Li et al., 2016), whereas, in PM-ISCs, JAK/Stat activation induces proliferation but does not alter differentiation (Jiang et al., 2009) (Fig. 2A). The recent regionally segregated comparison of ISC gene expression profiles (Dutta et al., 2015b) provides a powerful resource that could be used to identify potential factor(s) that specify regional stem cell identity and function in the *Drosophila* GI tract.

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Advances in our understanding of the behavior and regulation of GI stem cells along the mammalian GI tract might be differentially regulated by Wnt signaling. In the stomach, stem cells in different regions show a large amount of diversity: Wnt signaling is required to maintain basal stem cells in the distal pyloric region (Fig. 1B) whereas Lgr5-expressing stem cells can be found throughout the small intestine and in the pyloric region of the stomach, but not in the main body of the stomach (corpus) (Barker et al., 2010b), nor in the normal esophageal epithelium (von Rahden et al., 2011). This suggests that stem cells along the mammalian GI tract might be differentially regulated by Wnt signaling. In the stomach, stem cells in different regions show a large amount of diversity: Wnt signaling is required to maintain basal stem cells in the distal pyloric region (Fig. 1B) (Barker et al., 2010b), whereas Lgr5-negative basal stem cells in the stomach corpus express Troy and exhibit different levels of Wnt activity compared to Lgr5-positive pyloric stem cells (Stange et al., 2013) (Fig. 1B). This diversity is further illustrated by the fact that constitutive Notch activation in multipotent progenitors of the corpus significantly increases cell proliferation, leading to adenoma formation, whereas Notch activation in pyloric Lgr5-positive stem cells results in normal cell proliferation (Kim and Shvidasani, 2011).

Overall, the regulation of stem cell function in the mammalian stomach and esophagus in homeostatic conditions remains poorly understood. This is partially due to the earlier mentioned debate concerning stem cell identities in the esophagus, but is also due to a lack of stem-cell-specific markers in both the esophagus and stomach. As stem cell markers and stem cell lineages are identified for these gastric regions and explored in detail, we anticipate that the regulation of these cell populations by conserved signaling pathways will become clearer (Fig. 2B).

Although recent studies have provided new information on the regulation of stem cell function by different signaling pathways both in Drosophila and mouse GI tracts, several interesting questions remain and warrant further exploration. For example, how are multiple signaling pathways integrated in stem cells to trigger the appropriate response, how do stem cells coordinate symmetric and asymmetric divisions to meet local epithelial needs during regeneration, and how do epithelial environments differentially regulate the plasticity of stem cells and differentiated cells [for example, when does trans-differentiation (see Box 1) occur]? Owing to the simplicity of epithelial structures and the availability of powerful genetic tools, the Drosophila GI tract provides an important tool in which to address these questions. It can be anticipated that resolving these open questions will provide important insight not only into physiological regenerative processes, but will also improve our understanding of the origin and progression of proliferative dysfunctions in the GI tract, including the development of cancerous lesions. Our understanding of the development of metaplasias and dysplasias in the GI tract of flies and mammals has greatly advanced in recent years, and is summarized in the following section.

Metaplasia and dysplasia: understanding molecular mechanisms

Advances in our understanding of the behavior and regulation of GI stem cells under homeostatic conditions have also shed new light on the origin and progression of epithelial disorders in the GI tract. Metaplasia and dysplasia refer to two types of tissue lesions (see Box 1) that are associated with epithelial carcinogenesis (Slack, 2007; Ullman et al., 2009). These lesions are associated with aberrant cell proliferation and differentiation, which eventually leads to loss of tissue homeostasis. A tremendous number of clinical studies have focused on the epidemiology and pathogenesis of intestinal metaplasia and dysplasia in humans (Correa and Houghton, 2007; Harpaz and Polydorides, 2010; Kapoor et al., 2015), and studies in animal models, including in mice and flies, have greatly expanded our knowledge of the mechanisms that cause these lesions at the cellular and molecular level (Li et al., 2013a; Liu et al., 2013; Mari et al., 2014; Quante et al., 2012a). In the closing sections of this Review, we discuss these studies particularly in the context of our emerging understanding of how intrinsic and extrinsic factors cause GI epithelial dysfunction, and how dysregulation of GI stem cells is related to these lesions.

Metaplasia in the mammalian GI tract

Metaplasias are defined as the replacement of one differentiated cell type by another in a potentially reversible manner. Metaplasias are most likely to occur in epithelial tissues that are frequently exposed to environmental insults and that need to regenerate for tissue repair, such as the airway, the esophagus and the stomach (Slack, 2007). These changes often predispose individuals to the development of cancer (Slack, 2007). Smokers, for example, often exhibit squamous metaplasia in the normally columnar-cell-lined bronchi, and these metaplastic sites are believed to be the site of origin of lung cancers (Auerbach et al., 1961).

Two of the most common metaplasias that affect the mammalian GI tract are Barrett’s esophagus (affecting the esophagus) and intestinal metaplasia (occurring in the gastric region) (Fig. 3A). The normal esophagus is lined by multiple layers of squamous cells, which, in Barrett’s esophagus, become column-shaped such that the distal esophageal epithelium is eventually replaced by a stomach-or intestine-like columnar epithelium (Falk, 2002). Barrett’s esophagus is strongly associated with gastro-esophageal reflux disease (Sarr et al., 1985; Winters et al., 1987), and is the most important risk factor for esophageal adenocarcinoma, especially when dysplastic changes occur in the later stages of the condition (Hvid-Jensen et al., 2011). Current treatment options for Barrett’s esophagus include aggressive inhibition of stomach acid production, anti-reflux surgery, chemoprevention and ablation therapy, but there is still no agreement on an optimal treatment or prevention route (Quante et al., 2012a). This is partly due to a lack of knowledge of the exact cellular origins of this condition in humans. Recent studies of mouse models of Barrett’s-like metaplasia have implicated several types of cell, including LGR5+ stem cells, which originate in the cardiac region and migrate proximally into the esophagus in response to pro-inflammatory stimuli (Quante et al., 2012b), carbonic anhydrase 4 (CAR4)+/keratin 7 (KRT7)+ residual embryonic cells that expand proximally into the esophagus from their normal postnatal position at the squamocolumnar junction (see Box 1) (Wang et al., 2011), and cells of the submucosal gland ducts that expand and have been shown to generate Barrett’s esophagus (Leedham et al., 2008). It is also possible that normal esophageal stem cells within the basal layer change their identity and give rise to Barrett’s metaplasia. A better characterization of esophageal stem cells and of cell lineage hierarchy would help to test this hypothesis.

Intestinal metaplasia, another common lesion in the human GI tract, is characterized by the presence of intestinal epithelial cells in the stomach (Correa, 1992). Gastric carcinogenesis often follows a
phenotypic path that includes intestinal metaplasia, and that also features gastritis, gastric atrophy, dysplasia and carcinoma (see Box 1). Two stages of metaplasia can be distinguished: complete intestinal metaplasia in the initial phase, where the metaplastic epithelium resembles the mucosa of the small intestine and is lined by absorptive ECs and goblet cells; and incomplete intestinal metaplasia in later stages, where the metaplastic epithelium acquires the morphological features of the large intestine and is lined only by goblet cells (Correa and Houghton, 2007). In both cases, the gastric region starts to express the intestinal marker mucin 2 (MUC2), whereas the gastric marker mucin 6 (MUC6) is lost (Piazuelo et al., 2004). Intestinal metaplasia sometimes continues to develop into dysplasia (see details below) in the gastric region, which can eventually lead to gastric cancer.

Infection by the bacterium *Helicobacter pylori* is the leading cause of gastric cancer, and it is believed that a combination of bacterial virulence factors, environmental insults and the host inflammatory response drive the initiation of gastritis, which can progress to intestinal metaplasia (Correa and Houghton, 2007). Epidemiological studies have reported the beneficial effects of eradicating *H. pylori* for the prevention of gastric cancer development (Correa et al., 2000; Leung et al., 2004; Mera et al., 2005; Uemura et al., 2001). However, the underlying mechanisms of *H. pylori*-driven carcinogenesis and the origins of the metaplastic cells involved remain elusive. Studies in mouse models suggest that *H. pylori*-induced carcinogenesis is associated with chronic inflammation (Wilson and Crabtree, 2007), that infection causes the loss of cells that are important for the appropriate maturation of gastric precursor cells (Li et al., 1996), and that infection increases cell proliferation rates (Cai et al., 2005). Using lineage-tracing approaches, one study has shown that bone-marrow-derived cells can be a source of intestinal metaplasia and gastric cancer (Houghton et al., 2004). How marrow-derived cells are transformed into metaplastic cells remains unclear, and it cannot be ruled out that local gastric stem cells are reprogrammed by the altered immune environment, switch to an intestine-like proliferation/differentiation mode and then generate metaplastic tissue (Correa and Houghton, 2007). More precise characterization of stem cell markers and cell lineages in the gastric region are expected to advance future studies that test this hypothesis.

**Dysplasia in the mammalian GI tract**

Dysplasia is characterized by the acquisition of an epithelial structure that has no counterpart in the healthy body (Slack, 2007). During carcinogenesis, dysplasias are found at the neoplastic stage (Rugge et al., 2000), and their rate of progression to invasive carcinomas is very high, both in the gastric region and in the colon (de Vries et al., 2007; Rugge et al., 2000; Ullman et al., 2009). Dysplasias can be classified into low-grade and high-grade dysplasia, depending on the severity of cellular abnormalities (Iztkowitz and Harpaz, 2004). Precancerous metastatic lesions transition to dysplasias at a relatively slow pace, but the rate of progression can vary, and can be higher in older individuals (Correa et al., 1990; Correa and Houghton, 2007). Furthermore, it is believed that this transition is not a one-way process, because more-advanced lesions can regress to less-advanced lesions (Correa et al., 1990). However, once dysplastic cells cross the basal membrane of the stomach, they become invasive gastric carcinomas, which can be lethal. Dysplasias in the colon are often seen as precursor lesions of colorectal cancer, which accounts for about 10% of all cancers throughout the world (Siegel et al., 2014; Ullman et al., 2009). Proctocolectomy, a surgical technique to remove the rectum and all
or part of the colon, is therefore often recommended for cases in which dysplasias are detected in the colon (Itzkowitz and Harpaz, 2004).

Colorectal cancer is strongly associated with inflammatory bowel disease (IBD), including ulcerative colitis and Crohn’s disease (Podolsky, 2002). A series of molecular alterations in epithelial cells, including mutations of the Wnt signaling suppressor adenomatosis polyposis coli (APC), the tumor suppressor gene p53, and the k-ras oncogene, drive the development of dysplasia or colorectal cancer from colitis in individuals with IBD (Itzkowitz and Harpaz, 2004; Aust et al., 2002; Brentnall et al., 1994; Burmer et al., 1992; Khor et al., 2011; Neurath, 2014). Inflammatory cells contribute to cancer progression by supplying growth and survival factors that sustain proliferation and limit cell death, and by releasing reactive oxygen species (ROS) that perturb genome maintenance (Grivennikov et al., 2010; Hanahan and Weinberg, 2011). Chronic inflammation, a hallmark of IBD, is thus a critical contributory factor to the molecular changes that drive the progression of colorectal cancer. In addition, recent studies have linked the development of IBD as well as the susceptibility of colitis-associated colorectal cancer to alteration of the intestinal microbiota (Manichanh et al., 2012; Uronis et al., 2009), which could modulate host immune function to favor disease development (Sivan et al., 2015; Vetziou et al., 2015).

Both metaplasia and dysplasia involve the transformation or trans-differentiation of epithelial cells, a process that likely involves changes in the transcriptional programs that establish and maintain cell identities. Indeed, the homeodomain transcription factors Cdx1 and Cdx2 have been implicated in changes in GI compartmentalization in mice. During embryonic development, Cdx1 and Cdx2 define prospective intestinal cells, but are excluded from prospective stomach regions (Correa, 1992). This expression pattern is maintained in the adult GI tract and is required to maintain the segregation of different compartments (Beck et al., 1999). Intestinal metaplasia in the human stomach is associated with ectopic expression of CDX genes (Silberg et al., 1997), and the forced expression of Cdx2 using a stomach-specific promoter in mice is sufficient to generate intestinal tissues in the stomach (Mutoh et al., 2002; Silberg et al., 2002). In the mouse intestine, loss of Cdx2 leads to the formation of a squamous epithelium that resembles the esophagus (Beck et al., 1999), whereas, in Barrett’s esophagus, Cdx2 is ectopically expressed in metaplastic cells (Eda et al., 2003). Furthermore, the overexpression of Cdx2 and bone morphogenetic protein 4 (Bmp4) induces the expression of intestinal genes in the mouse esophagus (Mari et al., 2014), whereas activation of two transcription factors, Sox2 and Stat3, transforms basal progenitor cells into malignant cells, causing squamous cancer (Liu et al., 2013). These studies suggest that deregulation of crucial transcription factors or growth factor pathways triggers a cascade of events that eventually lead to metaplasia and dysplasia.

The development of metaplasias and dysplasias is tightly linked to deregulation of GI stem cell function, and gaining a deeper understanding of the regulation of stem cell activity, identity and maintenance is crucial if we are to understand the origin and progression of these pathologies. Work in the Drosophila GI tract has made substantial progress towards this goal, as highlighted below.

**Metaplasia and dysplasia in the Drosophila GI tract**

The adult *Drosophila* GI tract is emerging as a powerful model in which to explore in mechanistic detail the origin and progression of metaplasias and dysplasias as a consequence of dysfunctions in ISC biology, microbe-host interactions and epithelial deregulation (Biteau et al., 2011; Lemaître and Miguel-Aliaga, 2013). During aging or after a pathogenic infection, compartmentalization of the GI tract is disturbed, as revealed by a strong alteration in gene expression patterns in these two conditions (Buchon et al., 2013b). However, signaling mechanisms that maintain compartment identities are only beginning to be understood. Dpp signaling activity forms a gradient near the boundary between the MM and the PM. This gradient seems to segregate stem cell identities in those two regions (Guo et al., 2013; Li et al., 2013a). Ectopic and chronic activation of Dpp signaling in the AM can lead to the aberrant development of copper cells, which are normally restricted to the MM, in this region; a metaplasia similar to Barrett’s esophagus in humans (Li et al., 2013a) (Fig. 3B). Interestingly, this metaplasia is only observed when Dpp is overexpressed in ECs using a strong EC driver (Li et al., 2013a), and not when it is expressed using a visceral muscle driver (Driver and Ohlstein, 2014), indicating that the source and/or strength of the Dpp signal determines the response of AM cells. Metaplasia induced by Dpp overexpression in the AM is mediated by the downstream transcription factor Labial (Li et al., 2013a), which also plays an important role in GI compartmentalization in the larval stage, specifically for MM development (Nakagoshi, 2005), similar to the role of CDX genes in mammals. Metaplasias thus seem to be driven by the ectopic activation of developmental pathways in the adult. This metaplasia is not seen in the PM, supporting the notion that ISCs in different regions of the GI tract possess distinct characteristics. It is possible that ‘pan-ISC’ transcription factors along the GI tract determine a general stem cell identity, and region-specific transcription factors further refine stem cell properties. The analysis of regional ISC gene expression profiles and of regional properties of ISCs by lineage tracing supports this notion (Dutta et al., 2015a; Marianes and Spradling, 2013).

Dysplasia is a common age-related dysfunction of the *Drosophila* GI tract (Fig. 3B). In aging flies, ISCs become hyper-proliferative, leading to the accumulation of mis-differentiated cells that co-express stem and progenitor cell markers (such as DI and Esg), and differentiation markers (such as Notch signaling activity and polyploidy) (Biteau et al., 2008; Buchon et al., 2009; Hochmuth et al., 2011). These dysplastic changes can result in epiteliol barrier dysfunction, which is strongly associated with fly death (Rera et al., 2012). Age-related intestinal dysplasia is caused by increased JNK and/or Platelet-derived growth factor (PDGF)/Vascular endothelial growth factor (VEGF) signaling activity in the aging intestine (Biteau et al., 2008; Choi et al., 2008). In response to oxidative stress or pathogenic infection, JNK signaling and JNK-mediated cytokine/JAK/Stat signaling can also be chronically activated in *Drosophila*, leading to similar dysplastic phenotypes (Biteau et al., 2008; Buchon et al., 2009; Hochmuth et al., 2011). In addition, a recent study shows that dysregulation of ISC niche signals, including EGFR ligands and cytokines that activate JAK/Stat signaling, contribute to the development of dysplasia and tumorgenesis from Notch-defective ISCs (Patel et al., 2015). Furthermore, defects in endocytic degradation can cause intestinal dysplasia (Nagy et al., 2016).

A number of factors that contribute to dysplasia in the aging intestine, including a decline of mitochondrial function in stem and progenitor cells, dysbiosis of gut commensals, inflammatory signals from the fat body, increased endoplasmic reticulum (ER) stress and frequent somatic mutation in ISCs in the intestinal epithelium, have now been identified (Chen et al., 2014; Clark et al., 2015; Guo et al., 2014; Rera et al., 2011; Siudeja et al., 2015; Wang et al.,
2015b). Limiting age-related dysplastic changes by genetically manipulating ISCs to avoid hyper-proliferation is sufficient to extend Drosophila lifespan (Biteau et al., 2010). Understanding the underlying mechanisms that contribute to age-related dysplasia is thus likely to help identify interventions that not only improve intestinal function, but also benefit the health of the whole organism. Several interventions that specifically target these factors have been shown to extend the lifespan of flies reared under laboratory conditions (Ayyaz and Jasper, 2013; Chen et al., 2014; Clark et al., 2015; Guo et al., 2014; Rera et al., 2011; Wang et al., 2015b).

Conclusions and perspectives

It is clear that a large number of parallels can be drawn between stem cell function and regulation, as well as the control of regenerative processes, in the GI tract of flies and mammals. The rich mechanistic insight provided by the fly system is thus expected to complement studies made in mice to enhance our understanding of stem cell function in the GI tract of humans. Moreover, the evolutionary conservation of regenerative processes in different regions of invertebrate and vertebrate GI tracts indicate that current research on the origin of pathological dysfunctions in Drosophila GI epithelia will generate important insight into human pathologies.

Drosophila research benefits from the short lifespan, relative genetic, morphological and functional simplicity, and experimental accessibility of the model. Crucially, the sophisticated genetic tools available for spatiotemporally controlled genetic perturbations and for selective lineage tracing enable rigorous characterization of the genetic control of regeneration in both homeostatic and pathological conditions. Given the advances made so far, we anticipate that studies using Drosophila will soon provide insight that will inform the development of targeted interventions to prevent or treat human pathologies of the GI tract.

This article is part of a subject collection entitled Spotlight on Drosophila: Translational Impact. See related articles in this collection at http://dmm.biologists.org/collection/drosophila-disease-model.

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Competing interests

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